

# DECEMBER 2009

## Round Valley Unified School District – School Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Breakfast- Breakfast Burritos/Frittata, Fruit, & Milk Lunch- Hamburger, Soup, Crackers, Veggies, Fruit, Salad Bar, & Milk	2 Breakfast- Power Muffin, String Cheese, Fruit, & Milk Lunch- Hotdogs, Carrot Sticks, Veggies, Fruit, Salad Bar, & Milk	3 Breakfast- Cereal, Fruit, & Milk Lunch- Mac & Beef, Veggies, Fruit, Salad Bar, & Milk	4 Breakfast- Power Muffin, String Cheese, Fruit, & Milk Lunch- Chili Beans, Crackers, Veggies, Fruit, Salad Bar, & Milk	5
6	7 Breakfast- Pancakes, Turkey Sausage, Apple Sauce & Milk Lunch- Tacos, Soup, Tortilla Chips, Veggies, Fruit, Salad Bar, & Milk	8 Breakfast- Breakfast Burritos/Frittata, Fruit, & Milk Lunch- Mac & Beef, Veggies, Fruit, Salad Bar, & Milk	9 Breakfast- Power Muffin, String Cheese, Fruit, & Milk Lunch- Mini Pizzas, Veggies, Fruit, Salad Bar, & Milk	10 Breakfast- Cereal, Fruit, & Milk Lunch- Sloppy Joes, Veggies, Fruit, Salad Bar, & Milk	11 Breakfast- Power Muffin, String Cheese, Fruit, & Milk Lunch- Beanie Weenies, Veggies, Fruit, Salad Bar, & Milk	12
13	14 Breakfast- Pancakes, Turkey Sausage, Apple Sauce & Milk Lunch- Fish Fillets, Veggies, Fruit, Salad Bar, & Milk	15 Breakfast- Breakfast Burritos/Frittata, Fruit, & Milk Lunch- Hamburger, Mashed Potatoes, Gravy, Veggies, Fruit, Salad Bar, & Milk	16 Breakfast- Power Muffin, String Cheese, Fruit, & Milk Lunch- Corn Dogs, Veggies, Fruit, Salad Bar, & Milk	17 Breakfast- Cereal, Fruit, & Milk Lunch- Spaghetti, French Bread, Veggies, Fruit, Salad Bar, & Milk	18 Breakfast- Power Muffin, String Cheese, Fruit, & Milk Lunch- Tacos, Veggies, Fruit, Salad Bar, & Milk	19
20	21	22	23	24	25	26
	WINTER BREAK BEGINS!!					
27	28	29	30	31	January 1 Happy New Year! See You on January 4 <sup>th</sup> !	2

\*Menu is subject to change

\*\*Salad Bar is available for students in 4<sup>th</sup> grade and up